

HOW JESUS REDEEMED US FROM THE CURSE



Katherine Hilditch

LifeinJesus.net

'How Jesus Redeemed Us from the Curse -'
by
Katherine Hilditch

~

Copyright ©2026 Katherine Hilditch.
All rights reserved.

Unless otherwise indicated
all Scripture quotations are taken from
the World English Bible British Edition (WEBBE)

Cover photo by Jeremy Bishop on Unsplash

Preface

Jesus took on Himself the curse of the law
so that we could live our lives free of it.
All we need to do is believe in what He's done
and receive it for ourselves.

Discover exactly how Jesus did this
so you can walk free from all the curses
and step into all the blessings of God instead.

HOW JESUS REDEEMED US FROM THE CURSE

When Moses brought the Israelites out of Egypt, God gave them the law. It was a long list of rules for the people to live by. In Deuteronomy chapter 28 God established blessings and curses — blessings for everyone who obeyed every detail of the law and curses for those who didn't.

He said in Deuteronomy 28:1-2 — *“It shall happen, if you shall listen diligently to the LORD your God’s voice, to observe to do all his commandments which I command you today, that the LORD your God will set you high above all the nations of the earth. ²All these blessings will come upon you, and overtake you, if you listen to the LORD your God’s voice.”* The next twelve verses

describe the wonderful blessings God wants to shower on His people. The problem was that they had to keep all the commandments. There was no blessing for people if they kept some. It was all or nothing. But the standard was so high that it was impossible to keep them all, so the people didn't experience the blessings. Instead, they came under the curse. In Deuteronomy 28:15 God said — *'But it shall come to pass, if you will not listen to the LORD your God's voice, to observe to do all his commandments and his statutes which I command you today, that all these curses will come on you and overtake you.'* This meant that everyone was under the curse of the law.

God kept the law in operation until John the Baptist started proclaiming the gospel of repentance. Jesus' ministry was then a time

of transition from living under the law to living under grace. The age of grace was fully established when Jesus suffered on the Cross and rose back to life three days later. Now, instead of having to try and earn favour with God by how we live, we can come to Him boldly through faith in Jesus.

No-one could live a perfect life under the law, but Jesus came and lived that perfect life for us. He then suffered the punishment of God that we deserve, by taking the curse on Himself. He paid the price for our sin, so we wouldn't have to. He suffered all God's anger, so we could be forgiven. He then rose from the dead to verify all He had won for us.

It's when we believe this and accept Jesus as our Lord and Saviour that we are born-again and all the blessings become ours and we can live free of the curse. We could never

achieve this ourselves, but when we put our faith in Jesus, in the One who did achieve it, freedom is ours if we will believe it and receive it. Galatians 3:13 says — *‘Christ redeemed us from the curse of the law, having become a curse for us. For it is written, “Cursed is everyone who hangs on a tree.”’* You redeem something by buying it back. Jesus paid the required price for all the curses of the law. He paid with His own blood as He came under the curse and suffered the punishment of God for it all.

He became cursed so we could live under blessing if we choose to do so through faith. In this booklet we’re going to look at some of the curses in Deuteronomy 28:16-68 and see exactly how Jesus took the curse for us and what that means for us and for our life today.

Jesus was Cursed in the City and outside It

DEUTERONOMY 28:16

You will be cursed in the city, and you will be cursed in the field.

Jesus was arrested in Jerusalem and tortured there by the Roman soldiers. He was then led outside the city to be crucified.

MATTHEW 27:27-31

Then the governor's soldiers took Jesus into the Praetorium, and gathered the whole garrison together against him.²⁸They stripped him and put a scarlet robe on him.²⁹They braided a crown of thorns and put it on his head, and a reed in his right hand; and they knelt down before him and

mocked him, saying, “Hail, King of the Jews!” ³⁰They spat on him, and took the reed and struck him on the head. ³¹When they had mocked him, they took the robe off him, and put his clothes on him, and led him away to crucify him.

MARK 15:22

They brought him to the place called Golgotha, which is, being interpreted, “The place of a skull.”

HEBREWS 13:12

Therefore Jesus also, that he might sanctify the people through his own blood, suffered outside of the gate.

Jesus suffered the curse for us, so that, wherever we are, we can live free of the curse and instead, have the blessings of God in our lives.

Jesus Groped His way to Calvary

DEUTERONOMY 28:29

You will grope at noonday, as the blind gropes in darkness, and you shall not prosper in your ways. You will only be oppressed and robbed always, and there will be no one to save you.

The torture Jesus suffered before being led out of the city was horrendous. It included having a crown of thorns pushed on His head. He wouldn't have been blind, but blood would be running down his face and He was suffering so much that He was unable to carry His Cross. The soldiers had to commandeer a bystander to carry it for Him.

MATTHEW 27-32

As they came out, they found a man of

Cyrene, Simon by name, and they compelled him to go with them, that he might carry his cross.

I'm sure Jesus felt as though He was having to grope His way to Golgotha and there was no-one there who could save Him. He suffered the curse for us so that we can live free of it.

Jesus Was Crucified in Front of His Enemies

DEUTERONOMY 28:25

The LORD will cause you to be struck before your enemies.

Jesus was crucified in front of those who wanted Him dead — the Jewish religious leaders.

MARK 15:29-32

Those who passed by blasphemed him, wagging their heads and saying, “Ha! You who destroy the temple and build it in three days, ³⁰save yourself, and come down from the cross!” ³¹Likewise, also the chief priests mocking amongst themselves with the scribes said, “He saved others. He can’t save himself. ³²Let the Christ, the King of Israel, now come down from the cross, that we may see and believe him.” Those who were crucified with him also insulted him.

Jesus Became Sin

DEUTERONOMY 28:20

The LORD will send on you cursing, confusion, and rebuke in all that you put your hand to do, until you are destroyed and

until you perish quickly, because of the evil of your doings, by which you have forsaken me.

Jesus never did anything evil and didn't deserve any rebuke. But He willingly took it in our place. He actually became sin so that He could suffer the punishment for it that we all deserve, and He did it so we could be forgiven and have eternal life.

ISAIAH 53:5

But he was pierced for our transgressions. He was crushed for our iniquities. The punishment that brought our peace was on him.

2 CORINTHIANS 5:21

For him who knew no sin he made to be sin on our behalf, so that in him we might become the righteousness of God.

Jesus won forgiveness on the Cross for every single sin. Every sin you have committed, are doing or will do is forgiven. But we have a part to play. We have to receive our forgiveness for it to become reality in our life. The righteousness of God is available to everyone, but we have to believe it and receive it.

2 CORINTHIANS 5:19

God was in Christ reconciling the world to himself, not reckoning to them their trespasses.

Because Jesus has become sin for us and suffered the punishment, we can now walk free in an intimate love relationship with God, experiencing the blessings Jesus has won for us. That's good news — that's the Gospel.

Jesus Carried Sickness and Disease

DEUTERONOMY 28:21-22

The LORD will make the pestilence cling to you, until he has consumed you from off the land where you go in to possess it. ²²The LORD will strike you with consumption, with fever, with inflammation, with fiery heat, with the sword, with blight, and with mildew. They will pursue you until you perish.

Some Christians believe that God gives us sickness for a good purpose. But God didn't put any kind of sickness in the blessings of Deuteronomy 28:1-14, but He did put them all in the curses as you can see in the following verses, culminating in verse 61, where He included every sickness which He hadn't already named individually.

DEUTERONOMY 28:27-28

The LORD will strike you with the boils of Egypt, with the tumours, with the scurvy, and with the itch, of which you cannot be healed. ²⁸The LORD will strike you with madness, with blindness, and with astonishment of heart.

DEUTERONOMY 28:35

The LORD will strike you in the knees and in the legs with a sore boil, of which you cannot be healed, from the sole of your foot to the crown of your head.

DEUTERONOMY 28:60-61

He will bring on you again all the diseases of Egypt, which you were afraid of; and they will cling to you. ⁶¹Also every sickness and every plague which is not written in the book of this law, the LORD will bring them on you

until you are destroyed.

Sickness and disease and medical conditions and deformities and disabilities never have a good purpose — they aren't blessings in disguise. They rob us of energy, time, productivity, enjoyable relationships, prosperity, peace of mind etc. It is Satan who comes to steal, not God. In John 10:10 Jesus says — “The thief (Satan) only comes to steal, kill, and destroy. I came that they may have life, and may have it abundantly.” No sickness is a blessing from God — it is an attack from Satan either directly or indirectly through the fallen world we live in. God can bring good out of everything when we love Him and allow Him to and I can testify to how He brought so much good out of a long-term illness I had. But He never sent it or wanted me to have it. He has established His Word as the means

by which we learn. 2 Timothy 3:16-17 says — ‘Every Scripture is God-breathed and profitable for teaching, for reproof, for correction, and for instruction in righteousness,¹⁷ that each person who belongs to God may be complete, thoroughly equipped for every good work.’ So it is God’s Word which He uses to teach us, not suffering. Jesus suffered the curse of sickness so we wouldn’t have to.

ISAIAH 53:3-4

He was despised and rejected by men, a man of suffering and acquainted with disease. He was despised as one from whom men hide their face; and we didn’t respect him. ⁴Surely he has borne our sickness and carried our suffering; yet we considered him plagued, struck by God, and afflicted.

MATTHEW 8:16-17

When evening came, they brought to him many possessed with demons. He cast out the spirits with a word, and healed all who were sick, ¹⁷that it might be fulfilled which was spoken through Isaiah the prophet, saying, “He took our infirmities and bore our diseases.”

As a result, we are healed in just the same way that we are forgiven. But in the same way we have to receive our forgiveness, we also have to receive our healing in order to experience the reality of it in our lives.

1 PETER 2:24

You were healed by his wounds.

(To read more about this, see my booklet ‘God Wants You Well’.)

Jesus Was Thirsty and Naked on the Cross

DEUTERONOMY 28:48

therefore you will serve your enemies whom the LORD sends against you, in hunger, in thirst, in nakedness, and in lack of all things.'

Jesus submitted to what His enemies were doing to Him because He knew it was accomplishing God's mighty work of reconciling the world to Himself.

He Was Thirsty

Jesus was thirsty as He hung on the Cross.

JOHN 19:28-30

After this, Jesus, seeing that all things were now finished, that the Scripture might be fulfilled, said, "I am thirsty!" ²⁹Now a vessel

full of vinegar was set there; so they put a sponge full of the vinegar on hyssop, and held it at his mouth. ³⁰When Jesus therefore had received the vinegar, he said, “It is finished!” Then he bowed his head and gave up his spirit.

He Was Naked

He was also naked. We know the soldiers had taken His clothes off Him because they shared them among themselves and cast lots for His tunic, as He hung naked on the Cross above them.

JOHN 19:23-24

Then the soldiers, when they had crucified Jesus, took his garments and made four parts, to every soldier a part; and also the tunic. Now the tunic was without seam, woven from the top throughout. ²⁴Then

they said to one another, “Let’s not tear it, but cast lots for it to decide whose it will be,” that the Scripture might be fulfilled, which says, “They parted my garments amongst them. They cast lots for my clothing.” Therefore the soldiers did these things.

Jesus was thirsty and naked and had absolutely nothing as He hung on the Cross. Anything and everything He had owned was gone. He was ‘In lack of all things’. He suffered the curse so we wouldn’t have to.

Jesus Suffered Poverty on the Cross

DEUTERONOMY 28:51

They will eat the fruit of your livestock and the fruit of your ground, until you are destroyed. They also won’t leave you grain,

new wine, oil, the increase of your livestock, or the young of your flock, until they have caused you to perish.

In Old Testament times, wealth was often assessed by the size of someone's flocks and herds of animals that they owned and the amount of produce that they grew. There are various descriptions of the curse of poverty in Deuteronomy 28. Here are some more.

DEUTERONOMY 28:18

The fruit of your body, the fruit of your ground, the increase of your livestock, and the young of your flock will be cursed.

DEUTERONOMY 28:38-40

You will carry much seed out into the field, and will gather little in, for the locust will consume it. ³⁹You will plant vineyards and

dress them, but you will neither drink of the wine, nor harvest, because worms will eat them. ⁴⁰You will have olive trees throughout all your borders, but you won't anoint yourself with the oil, for your olives will drop off.

DEUTERONOMY 28:42-44

Locusts will consume all of your trees and the fruit of your ground. ⁴³The foreigner who is amongst you will mount up above you higher and higher, and you will come down lower and lower. ⁴⁴He will lend to you, and you won't lend to him. He will be the head, and you will be the tail.

Poverty is not listed in the blessings of Deuteronomy 28:1-15, but it is listed under the curses quite a few times. Poverty is not what God wants for us. He actually wants the opposite. 2 Corinthians 9:8 says — 'And

God is able to make all grace abound to you, that you, always having all sufficiency in everything, may abound to every good work.' *This is talking about having enough money, not only to completely meet our needs, but with so much more over that we can abound in giving. That's biblical prosperity. And because God wants biblical prosperity for us, Jesus redeemed us from the curse of poverty.*

2 CORINTHIANS 8:9

For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, that you through his poverty might become rich.

Jesus wasn't poor during His life on earth. The wise men had provided for His upbringing and during His ministry, He had a treasurer and there were wealthy women

who provided for Him. But on the Cross, He became utterly poor — He was naked and thirsty and had absolutely nothing. He suffered the curse of poverty for us on the Cross that we might be rich and so be able to give to the needy and to finance His work here on earth.

*(To read more about this, see my booklet
'Prosperity?')*

Live in the Blessings

In His life, Jesus fulfilled the condition of Deuteronomy 28:1-2 for us and in His death, He took the curses on Himself. As a result, we can live freely in the blessings, free from the curse. Read the blessings now, knowing they are yours. Believe it and expect to see them in your life and you will start to experience them.

DEUTERONOMY 28:3-14

You shall be blessed in the city, and you shall be blessed in the field. ⁴You shall be blessed in the fruit of your body, the fruit of your ground, the fruit of your animals, the increase of your livestock, and the young of your flock. ⁵Your basket and your kneading trough shall be blessed. ⁶You shall be blessed when you come in, and you shall be blessed when you go out. ⁷The LORD will cause your enemies who rise up against you to be struck before you. They will come out against you one way, and will flee before you seven ways. ⁸The LORD will command the blessing on you in your barns, and in all that you put your hand to. He will bless you in the land which the LORD your God gives you. ⁹The LORD will establish you for a holy people to himself, as he has sworn to you, if you shall keep the commandments of the

LORD your God, and walk in his ways. ¹⁰All the peoples of the earth shall see that you are called by the LORD's name, and they will be afraid of you. ¹¹The LORD will grant you abundant prosperity in the fruit of your body, in the fruit of your livestock, and in the fruit of your ground, in the land which the LORD swore to your fathers to give you. ¹²The LORD will open to you his good treasure in the sky, to give the rain of your land in its season, and to bless all the work of your hand. You will lend to many nations, and you will not borrow. ¹³The LORD will make you the head, and not the tail. You will be above only, and you will not be beneath, if you listen to the commandments of the LORD your God which I command you today, to observe and to do, ¹⁴and shall not turn away from any of the words which I command you today, to the right hand or to

the left, to go after other gods to serve them.

Thank You Jesus

Life in Jesus

To find out more about Jesus
and all He has done and won for us
go to –

LifeinJesus.net

There are many more free booklets on the
website

You can read them online
or print them out completely free of charge

There is no limit to the number of copies you
can print out for your own use or to give away

The booklets are all downloadable



*Christ redeemed us
from the curse of the law,
having become a curse for us.*

For it is written,

“Cursed is everyone who hangs on a tree.”

(Galatians 3:13)



Katherine Hilditch has been teaching in local churches for many years. In 2013 she wrote her first booklet and since then has written many more. She created her website to make all the

booklets freely available to everyone. They can be read online or printed out. Katherine's threefold purpose is to help people understand more about Jesus and all He has done and won for them, to encourage them to go deeper in their relationship with God and to provide material to help them share their faith with others. To read her story and find all the booklets go to –

Website: LifeinJesus.net

Email: contact@lifeinjesus.net