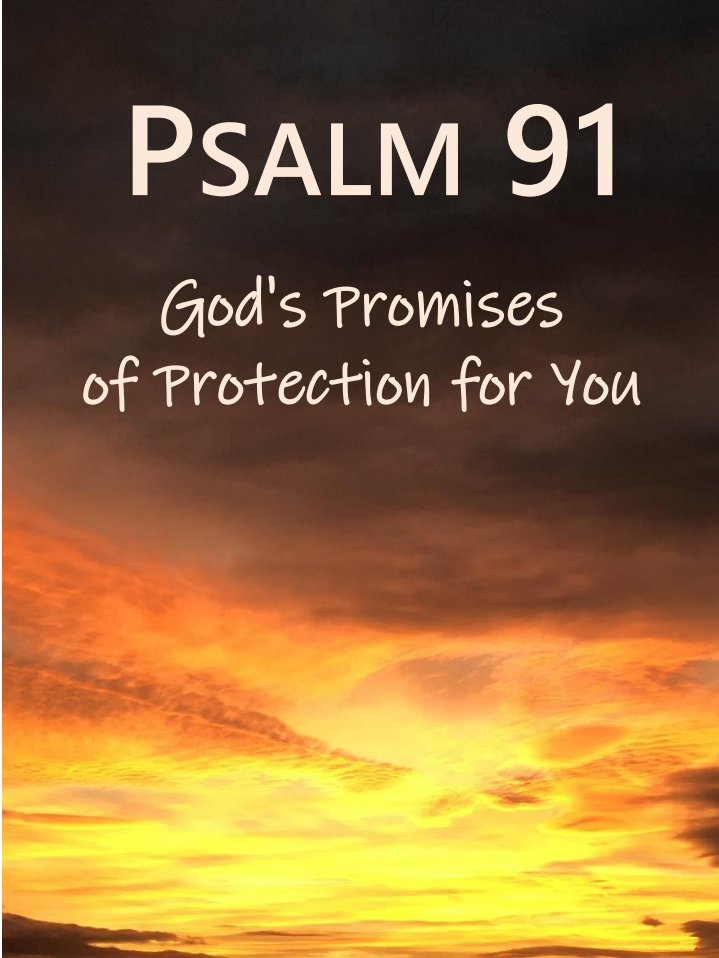


PSALM 91

*God's Promises
of Protection for You*



Katherine Hilditch

LifeinJesus.net

'Psalm 91 – God's Promises of Protection for You'
by
Katherine Hilditch

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Cover photo by Katherine Hilditch

Preface

I started studying Psalm 91 some months ago and then left it and concentrated on other things. Since the coronavirus hit, a lot of Christians have been encouraging each other with the wonderful promises of this psalm and I felt God nudge me to go back to it.

At the time of writing this preface, things are changing from day to day with new announcements and revised figures of people ill and dying, along with increasingly restrictive advice on how we should live our daily lives. But we can rejoice that God never changes. Hebrews 13:8 says – ‘*Jesus Christ is the same yesterday, today, and forever.*’ Everything that Jesus has done and won for us through His death and resurrection remains true and unshakeable. Nothing can ever change it. And God's Word is still as true today as it was before this pandemic and as it always will be through good times and bad. Hallelujah!

In John 10:10 Jesus says – “*The thief only comes to steal, kill, and destroy. I came that they may have life, and may have it abundantly.*” We can easily see the origin of coronavirus because it steals health and social freedom, and can kill. It is not from God. Jesus came so we could have abundant life – well and whole.

While I have obviously been aware of what is going on as I have continued to write this booklet, nothing that is happening now affects what I write. We must be careful not to change God's Word in any way to try and make it fit circumstances. If the two don't agree, then it's circumstances that we need to change or, if that's not possible, look at in the light of God's Word. We must interpret what we're seeing and experiencing by God's Word – not interpret God's Word by what is going on.

I pray you will be blessed as you read this booklet and that, as you take it on board, it will really encourage and help you and others.

PSALM 91

God's Promises of Protection for You

The book of Psalms is in the Old Testament and it contains the lyrics of 150 songs. They don't read like lyrics to us, but in their original language which was Hebrew, they scan and can easily be put to music.

Many Christians rightly love Psalm 91 and it isn't surprising because it is full of wonderful promises of God's protection for us. But I'm going to tread on a few toes here and say that it can be misunderstood. Some people may think that if they say it enough, it might come true. Or they may say it over someone else or pray it for others. But the promises in this psalm will not just come true for someone because they say it or have it prayed over them. There are conditions which they have to meet for the promises to take effect in their life. The promises are available to everyone but only those believers who fulfil the conditions of verse 1, re-emphasised in verse 9, and the additional clarifications in verse 14 can confidently expect them to become reality in their lives.

This has nothing to do with trying to earn God's blessings by our own effort and in our own strength. It's about taking hold of the truth of God's Word and trusting it, and reaping the benefits which are ours for the taking because of all Jesus has done and won for us.

If someone isn't born-again it is impossible for them to fulfil the conditions. And if they are born-again, it does not automatically follow that they are fulfilling them. Instead of reciting this psalm as a prayer for someone else, pray that they will come to fulfil

the conditions and stand on the promises in faith. Everything else can then follow for them whether you pray the whole psalm over them or not.

So primarily, this is a psalm of wonderful protection promises for yourself. You can show another person its truth and help and encourage them to fulfil the conditions so they can then declare it for themselves, stand on its truth and reap the fulfilment of all the promises in their own life. You can't stand on it for them.

None of this takes away from the fact that this is a powerful psalm full of hope and victory. If you feel a bit discouraged by this introduction, please read on and see afresh just how wonderful our God is and how He has put everything in place for us to live under His protection and all because He loves us unconditionally and beyond measure.

It is important to remember that this psalm is in the Old Testament, written before Jesus came, died and rose again. Then, the only way people could attempt to be blessed by God was by trying to live in a way that pleased Him. We now come into His presence by grace through faith in Jesus. Of course it's good to live in a right way but when we fail, we don't come out of His presence. It's no longer about what we do, but about what Jesus has done. Delight yourself in the goodness and love of God which overflows in this psalm, and in all He has promised you. Enjoy!

This booklet is written from the viewpoint of the born-again believer. To read about being born-again, go to page 20.

The actual words of the psalm are in blue.

¹ He who dwells in the secret place of the Most High

Your place is your home. You might say, “Come round to my place.” The Most High is God so the place of the Most High is God’s home, where He lives. It’s kept secret so that non-believers can’t gain access to it without being born-again. It is secret, not from you, but for you. So here is the first and main condition – to benefit from all God’s promises in this psalm we need to dwell or live in God’s home. Your place is where you live – it’s not somewhere that you visit from time to time. We need to live in God’s home all the time, not just visit.

What does this all mean? It means living in an intimate relationship with God, not just knowing about Him or reading the Bible out of duty, or just going to church on a Sunday but forgetting about Him the rest of the week. It means being in relationship with Him – relating to Him in a real way. You cannot be in an intimate relationship with God unless you spend time with Him, communicating and sharing with Him, listening to Him and getting to know Him better through His Word and His Holy Spirit, allowing your emotions to engage with Him and giving Him your love. God is doing everything from His side of the relationship, but we need to do our part. We need to receive His love, love Him back, learn from Him, allow our relationship with Him to grow deeper in both our understanding of Him and in our experience of Him, increasingly living in a constant awareness of Him and of His love for us and our love for Him.

Don’t panic – no one will do all this perfectly every moment of their lives, but knowing about God’s protection and how we can live in it, and choosing to believe in it, puts us in the right place to take hold of it. We need to discipline ourselves to refuse any thoughts to the contrary and bring ourselves back to His truth. He will not drag us into His secret place because He respects the

free will He created us with, but He is always drawing us to it with His love. The more we return, the quicker we will recognise when we have strayed and we will gradually come back more quickly and stray less frequently. God doesn't condemn us when we stray – He loves us and wants us back in His safe place. And when we come back, He doesn't scold us, but rejoices over us.

Will rest in the shadow of the Almighty.

The result of dwelling in the secret place of the Most High or the Almighty is that we will be resting under His shadow. The phrase 'living in someone's shadow' is used today in a negative way of someone who never gets their own share of the limelight because they are eclipsed by someone else. But the meaning is completely different when it's God's shadow you are under. Here it's talking about shelter and protection. When we really know we are protected and safe we are able to truly rest.

In verse 4 there is more detail. It says – *'He shall cover you with His feathers, and under His wings you shall take refuge.'* The shadow we are under is the shadow of His wings. A bird protects its young from the elements and predators by taking them under its wings. When it rains or danger threatens the parent bird will spread its wings out and the chicks will run under them. They will then stick with the parent bird, moving with it as it moves, trusting it. And those wings are made of feathers which are warm and waterproof and comforting. Living under God's shadow means staying close to Him, never straying but moving as He moves. And it is there that we are protected from circumstances and potential enemies.

We can't be truly at rest if we are fearful about things. Fear works against faith. It can take us out from under God's wings. If we dwell in relationship with God, refusing to fear, we abide

under His shadow, safe and protected. We don't have to strive for this protection – we just need to trust in it. If we stray away from our relationship with Him or start to fear, we don't lose our salvation but we put ourselves outside His protection. We need to choose not to fear and look to Him only as our main and true source of strength, comfort, wisdom and protection. He will come through for us every time and we can rest in Him.

² I will say of the LORD, “He is my refuge and my fortress;

A refuge is a place of safety we can run to. It's secure and comforting – a place where there is no condemnation, no pressure – a place that is full of peace and acceptance and love. A fortress is a place we can live in where the enemy can't get at us, but from where we can attack the enemy knowing we are protected as we do so.

Neither of these are somewhere vague that is nice to think about. They are real and they can be yours – I can call them 'my' refuge and 'my' fortress because of my relationship with God through Jesus and so can you. You have to know about them and choose to take hold of them through faith in Jesus. You can't earn a place in them – no-one can. They are yours for the taking because Jesus has paid the price for you to be able to live there.

Notice the word 'say'. We might know that God is our refuge and fortress but we also need to declare it out loud because words are powerful. Proverbs 18:21 says – '*Death and life are in the power of the tongue.*' This is really significant. Negative things we say affect us negatively and positive things affect us positively. When we declare God's truth out loud, we hear it and it embeds the truth deeper in our thinking and in our hearts and impacts our bodies too. And the devil hears it and trembles.

My God, in whom I trust.”

It is one thing to believe God exists – it is quite another to accept Him personally so you can call Him ‘my’ God. It is only by being born-again through Jesus that you can have a personal relationship with Him – He as your Father and you as His child. He then truly is ‘your’ God, living inside you. You belong to Him and He belongs to you. You can then confidently put all your trust in Him all the time, in everything, for everything and through everything. Don’t wait to feel like doing it – just do it.

We need to trust in Him more than we trust in –

- What we think – Proverbs 3:5 says *‘Trust in the LORD with all your heart, and don’t lean on your own understanding;’* If we worry or become anxious we are not trusting God. Turn your thoughts around onto God and all His promises for you.
- What the world says – Romans 12:2 says *‘Don’t be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what is the good, well-pleasing, and perfect will of God.’* Don’t get swept along with all that the world and the media says. Instead, go to God’s Word and declare His truth, praising Him and thanking Him for everything He’s done and everything He will do.
- What other people say – Romans 3:4 says *‘Let God be found true, but every man a liar.’* If we believe what other people say when it is contrary to what God says, we are saying He is a liar. Again, get into God’s truth and focus on that, speaking it out and building yourself up in it.

Dwelling in God’s secret place and trusting Him is an upward spiral – when we trust in Him, we dwell in Him and we find we can trust Him more and more. We then want to dwell in Him

more intimately and our trust in Him will increase and so on. We can only do this through Jesus. He is the only way to the Father. We have to trust in all Jesus has done and won for us through His suffering, death, resurrection and ascension and accept it for ourselves personally. Choose to trust Him now.

It is so important to declare our trust in God out loud. In Mark 11:23 Jesus says that if we believe what we say and don't doubt in our heart, we shall have what we say. God's promises are voice activated when mixed with faith. All the wonderful promises of protection that now follow in this psalm depend on us dwelling in God's place and speaking out our trust in Jesus.

3 For he will deliver you from the snare of the fowler,

A fowler is someone who sets snares to trap unsuspecting birds. God's promise is to deliver us from those who would try to trap us and harm us.

and from the deadly pestilence.

Google defines pestilence as 'a fatal epidemic disease'. The psalmist isn't saying that such things don't exist – we know they do. It says that God shall deliver us from them. This doesn't mean that we ignore God-given common sense – it means that we can live our lives standing on this promise and not fear getting the disease. The way to deal with fear isn't by trying not to fear but by turning our thoughts onto something else and what better than to turn our thoughts onto God's promises. 2 Corinthians 10:5 says we are to be – *'throwing down imaginations and every high thing that is exalted against the knowledge of God and bringing every thought into captivity to the obedience of Christ.'* Don't speak fear – speak God's promises of deliverance instead and expect to stay well.

4 He will cover you with his feathers.

This is how God protects us. See verse 1.

Under his wings you will take refuge.

God doesn't drag us under His wings. He opens them out and calls to us, encouraging us to come under them, but we have to make the move. It says 'you shall take refuge'. The instinct is built into a baby bird to get under their parent's wings for protection, but because of the fall, we may not necessarily recognise that instinct to live in God's shadow. But God draws us with His goodness and loving-kindness, and encourages us to come under His wings of protection.

His faithfulness is your shield and rampart.

In Ephesians 6 there is a description of the spiritual armour which we need to wear to protect us from the devil's schemes. It is the shield which symbolises faith. Ephesians 6:16 says '*above all, taking up the shield of faith, with which you will be able to quench all the fiery darts of the evil one.*' We put our faith in God who is faithful, and our faith protects us. God can never be faithless because He is truth and truth can never be overcome. In John 8:32 Jesus says "*You will know the truth, and the truth will make you free.*" God's Word is truth and the truth is God's Word. His truth doesn't make you free simply by existing. You have to know it and believe it and put your faith in it. It's no good just quoting Scripture and hoping it will work. We need to put complete faith in it, knowing it is the truth.

A rampart is a fortified wall with a walkway on top behind a stone wall. It was where soldiers could be safe as they defended themselves and attacked the enemy. When the devil tries to

attack us with lies, we stand on God's rampart, hold up His Word and say "No! God's truth says (quote the Word). I believe it and I put my faith in it. Nothing will persuade me otherwise." When the devil tempted Jesus in the wilderness, Jesus said, "It is written" and then quoted God's truth. After three goes the devil gave up. He had been misquoting or misapplying Scripture, but Jesus spoke the actual truth. That's what we need to do – speak God's actual truth from His Word with faith and authority, holding it up in the path of the devil's attack like a shield. And all his darts will lose their power and fall useless at our feet.

But it is up to us to stand on God's rampart and take up the shield of faith. God won't do it for us, though He will keep reminding us of it and encouraging us to do so. Our protection is not automatic, but comes from dwelling in Him, staying under His wings and using our shield of His faithfulness and truth.

⁵ You shall not be afraid of the terror by night,

Things can seem very frightening or worrying in the night – far more so than in the day. This verse does not deny that terror can come in the night, but it tells us we don't have to be afraid of it. We can say "No" to fear and stand firm in God's promises, trusting Him to protect us. Fear is opposed to faith. We need to make a decision to trust God in that moment and refuse to be afraid. Switch the light on and turn your thoughts away from the fear and onto all God's promises. Declare them aloud with faith and authority. He will never fail us when we put our trust in Him.

nor of the arrow that flies by day,

Things can suddenly happen out of the blue. Trouble can spring up seemingly from nowhere, but living in God's secret place we do not need to fear that it might happen or fear it if it does.

6 nor of the pestilence that walks in darkness,

The spread of a deadly epidemic or pandemic disease is invisible as though in darkness but we do not need to fear it. 1 John 1:5 says – *‘This is the message which we have heard from him and announce to you, that God is light, and in him is no darkness at all.’* The fact that the pestilence walks in darkness is proof that this is not sent from God, but is from the devil’s kingdom of darkness. Turn a light on and the darkness disappears. Speak the light of God's truth out and the darkness will go.

nor of the destruction that wastes at noonday.

This creates a picture of someone dying of thirst and heat exhaustion under a fierce sun. We do not have to fear anything which would seek to destroy us.

7 A thousand may fall at your side, and ten thousand at your right hand; but it will not come near you.

We might see many other people succumb to any of these awful situations, but these things will not affect us as we live in the secret place of the Most High, declaring our trust in Him and all His promises with confidence.

8 You will only look with your eyes, and see the recompense of the wicked.

We shall see what happens to those who reject Jesus, but we shall not experience it ourselves. Of course, under the New Covenant, people are not experiencing God’s anger yet, but we still see the negative outcome of lives lived without God – we all reap what we sow. But as we live in Jesus, trusting God and all His promises and declaring them, we have the absolute victory.

9 Because you have made the LORD your refuge, and the Most High your dwelling place,

Here the psalmist again reminds us of the reason we are kept safe – by making the Lord God our refuge and our dwelling place. The use of the word ‘because’ re-emphasises that the blessings of this psalm are dependent on us dwelling in God.

10 no evil shall happen to you,

And the result is – nothing evil will happen to us.

neither shall any plague come near your dwelling.

This is often thought to mean protection over our homes, but we’ve already seen that for these promises to be fulfilled we have to be dwelling in a relationship with God personally so it probably does not mean our house and automatically everyone living in it.

The Hebrew word translated ‘dwelling’ is ‘ohel’ meaning ‘tent’. It was used to describe the tabernacle where God lived among His people in the Old Testament before they built the temple. Now, for us, our bodies are God’s temple. 1 Corinthians 6:19 says – ‘*Don’t you know that your body is a temple of the Holy Spirit who is in you, whom you have from God?*’ This is because, after Jesus returned to heaven, He sent His Spirit to live in every true believer. So it would seem much more likely that this promise is for our bodies rather than our homes.

Understanding the dwelling mentioned here as being our body agrees with everything the psalmist has already written. When we dwell with God we can live in health. Why would God want His ‘temple’ to be ill or limited or damaged? Especially when Jesus carried our diseases for us (Matthew 8:17) and suffered

torture and death so we could be well (1 Peter 2:24). Rejoice that no disease that touches your body can live.

11 For He will put His angels in charge of you, to guard you in all your ways.

God has put angels to watch over us and protect us and keep us safe anywhere and everywhere we go. Think about that.

12 They will bear you up in their hands, so that you won't dash your foot against a stone.

They'll hold us up in their hands so we won't fall if we stumble.

13 You will tread on the lion and cobra. You will trample the young lion and the serpent underfoot.

We can deal with any danger that tries to come against us, not just avoid it, but trample it underfoot so it can't try to harm us again. The devil is described as being like a lion in 1 Peter 5:8 and he came as a serpent in Genesis 3:1. We can trample the devil and all his schemes underfoot. Hallelujah!

14 "Because he has set his love on me,

God Himself speaks through the rest of this psalm and now reveals something else about the person who lives under His protection – they love Him. The phrase 'set His love upon me' suggests more than an emotional response to God. To set our love on God implies a definite decision which has been made to love Him and a determination to continue loving Him no matter what. The Bible says that it is perfect love which drives out fear (1 John 4:18). Only God's love is perfect. When fear tries to come in, speak out the truth of God's love for you until it goes.

therefore I will deliver him.

God's response to the person who has set their love on Him is to deliver them. Living in the New Covenant, all born-again Christians have been delivered from death and hell and delivered into eternal life with God. Jesus made it clear that we will have trouble in this world but then assured His disciples that He has overcome the world. The devil can never win in the life of a born-again Christian who has set their love on God. Jesus has won the victory for us.

I will set him on high, because he has known my name.

God now adds a further condition for all the benefits of this psalm – knowing His name. This is about knowing who He is, what His character is and all that's involved in what His name means for our lives. And as we live in the New Covenant, it means us knowing the power of the name of Jesus too.

God says He will set us on high. God is the best promoter we can have in this life. Live the way God wants you to and do the things He's called you to do and don't bother about promoting yourself. This gives room for God to promote you in an amazing way that is right just for you. James 4:10 says – '*Humble yourselves in the sight of the Lord, and he will exalt you.*'

The Bible also tells us that God has already seated us next to Jesus in the spiritual realm. Ephesians 2:6 says He has – '*raised us up with him, and made us to sit with him in the heavenly places in Christ Jesus.*' This hadn't happened when the psalm was written but has happened now through the death and resurrection of Jesus. God is for you. He is on your side and wants to promote you to be the best you can be for Him and for others around you and for you too.

15 He will call on me, and I will answer him.

Here is another wonderful promise from God – He will answer you when you call on Him. God hears us and answers when we ask in faith. In Mark 11:24 Jesus says – *“Therefore I tell you, all things whatever you pray and ask for, believe that you have received them, and you shall have them.”* But in verse 14 of this psalm we have learnt that God’s answering also depends on us loving Him and knowing His name.

In other words, we need to be in a love relationship with God, knowing who He is and the power in the name of Jesus and then, when we ask in faith, we can be sure that He answers.

I will be with him in trouble.

A further powerful promise from God for the person who this psalm is describing, is to be with them in times of trouble. Jesus said in Matthew 28:20 – *“Behold, I am with you always, even to the end of the age.”* This is a promise that you will never go through bad times alone. God Himself is with you and is able to take you through and out the other side.

I will deliver him, and honour him.

And not only will Jesus be with us in trouble, but He promises to deliver us from it. With Jesus there is a way through everything.

And then God says He will honour us. He says in 1 Samuel 2:30 – *‘those who honour me I will honour.’* To honour someone means to hold them in high respect or great esteem. Think about that – when we hold God in high respect and great esteem, He does the same with us! Refuse to let trouble batter you down. Honour God and He will lift you up and honour you.

16 I will satisfy him with long life,

Another reassuring promise for the person who fulfils the conditions of this psalm is that we will live a long life and feel satisfied at the end of it. Once again, this was written before the days of persecution because of faith in Jesus. We're not saved from persecution and it can lead to death, but in all other respects this promise stands for us today.

and show him my salvation.”

And the final promise of this psalm is that God will show us His salvation. He has done this through Jesus' death and resurrection. By accepting Jesus as your Lord and Saviour, that is being born-again, you have salvation in this life and the next. Hallelujah!

Conclusion

We've looked at the conditions which we need to fulfil in order to confidently take hold of all God's wonderful promises of protection. Here they are again as a list –

- Abide in an intimate relationship with God through Jesus
- Declare that God is your refuge and fortress
- Choose to trust in God and all His promises and refuse to waver
- Set your love on God
- Know the names of God and Jesus and all that they mean

Reading a list like this may seem quite daunting. None of us can do it all perfectly all the time. Do not let the devil condemn you

if you fall short. God will never condemn you because Jesus has already taken the punishment for every sin and shortcoming – past, present and future. Romans 8:1 says – *‘There is therefore now no condemnation to those who are in Christ Jesus.’* Instead, recognise where you have fallen short and repent – turn away from the failing, receive the forgiveness Jesus has already won for you and walk forwards boldly with Jesus.

He loves you so much that He gave His life so you could live forever with God in peace, joy and safety. He isn’t waiting for you to mess up – He’s with you, encouraging you and helping you in every way you will let Him. He’s on your side. Don’t look back at how you failed. Look forward with Jesus and all God’s promises. While we may get things wrong from time to time, God knows if our heart is for Him – seeking to live for Him, trust in Jesus and live in relationship with Him. This is what He looks for. 1 Samuel 16:7 says that – *‘The Lord looks at the heart.’*

This psalm was written hundreds of years before Jesus was born, died and rose again. But in the New Testament we are told in 2 Corinthians 1:20 – *‘For however many are the promises of God, in him is the “Yes.” Therefore also through him is the “Amen”, to the glory of God through us.’* This is wonderful news. All of God’s promises to His people through the Old Testament were fulfilled in Jesus. He stamped ‘Yes’ and ‘Amen’ on them all. Because of Jesus we do not have to doubt whether God will honour His promises – Jesus has signed them off. We just need to take hold of them in His name and they are ours.

Let me encourage you to look afresh at this psalm. Instead of using it as a prayer for others, pray that they will come to the place where they fulfil the conditions for themselves. They can then take their own stand on all the promises of God and confidently expect to see them fulfilled in their own life.

Seek, with God's help, to fulfil the conditions yourself and choose to trust He will come through for you personally with all these wonderful promises. Don't focus on how you might fail; focus on God and all He has done and won for you through Jesus. He is for you and will take every opportunity you give Him to help you, encourage you, guide you, bless you and fulfil all His promises in your life. Thank You Jesus!

A Prayer

Thank You Lord that You never change. Thank You that no matter what happens, Your love never changes and Your truth never changes and Your promises never fail.

Thank You Lord for loving me so much that You gave Your only Son for me. Thank You that You have forgiven all my sins and brought me into a wonderful love relationship with Yourself.

Thank You that You are on my side.

Thank You for all Your promises. Thank You that they are all 'Yes' in Jesus and are all available to me as Your child.

Thank You that You want to protect me and have made it possible for me to live under Your protection. Thank You that I can turn away from fear and find Your peace even in the middle of trouble.

Show me if I start to creep out from Your secret place, that I may tuck myself back in. I declare out loud my trust in You, my refuge, my fortress and my ever-loving Father God. I turn away from fear and negative thinking and choose to put my faith in You and Your promises, and I set my love upon You.

In the wonderful, powerful, saving name of Jesus, Amen

Your Personal Psalm 91 to Declare

I dwell in the secret place of the Most High and rest in the shadow of the Almighty. I say of the Lord, "He is my refuge and my fortress; my God, in whom I trust."

For he delivers me from the snare of the fowler, and from the deadly pestilence. He covers me with his feathers. Under his wings I take refuge. His faithfulness is my shield and rampart.

I shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that wastes at noonday.

A thousand may fall at my side, and ten thousand at my right hand; but it will not come near me. I will only look with my eyes, and see the recompense of the wicked.

Because I have made the Lord my refuge, and the Most High my dwelling place, no evil shall happen to me, neither shall any plague come near my dwelling.

For he has put his angels in charge of me, to guard me in all my ways. They bear me up in their hands, so that I won't dash my foot against a stone. I tread on the lion and cobra. I trample the young lion and the serpent underfoot.

Because I have set my love on God, therefore He will deliver me. He will set me on high, because I have known His name. I will call on Him, and He will answer me.

He will be with me in trouble. He will deliver me, and honour me. He will satisfy me with long life, and show me His salvation.

Being Born-Again

When you acknowledge Jesus as God and decide to follow Him, you make Him your Lord. When you believe in and accept His sacrifice on the Cross for yourself personally, you make Him your Saviour. You are then born-again and have a brand-new perfect spirit. God becomes your Father and you His child, and you can start to enjoy your personal love relationship with Him.

Romans 10:9 says – *‘If you will confess with your mouth that Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved.’* Tell God you are sorry for the wrong things you do, say and think. Believe that Jesus is Lord, that He died for you and is now alive. Accept Him as your Lord and Saviour. Say it with your voice and believe it in your heart.

If you’ve done that sincerely, you are now born-again and Jesus has come to live in you in your new spirit. Everything you’ve ever done wrong or ever will do wrong is forgiven, and you’ll live in peace and joy with your loving Father God for ever.

As a child of God, you now have a whole new family of brothers and sisters. And you have the Bible to help you understand and experience more of His love and to help you live your life in the best possible way – His way. Praise God!

Life in Jesus

To read more about Jesus
and all He has done and won for us
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The booklets are all downloadable



Because of Jesus, all God's promises are for us today –
*For however many are the promises of God,
in him (Jesus) is the “Yes.”
Therefore also through him is the “Amen”,
to the glory of God through us.*

(2 Corinthians 1:20)



Katherine Hilditch has been teaching in local churches for many years. In 2013 she wrote her first booklet and since then has written many more. She created her website to make all the booklets freely available to everyone. They can be read online or printed out. Katherine’s threefold purpose is to help people understand more about Jesus and all He has done and won for them, to encourage them to go deeper in their relationship with God and to provide material to help them share their faith with others. To read her story and find all the booklets go to –

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